



BREAKFAST

SEPTEMBER 2021

Karnack Elementary

Menu Subject to Change

Monday

Tuesday

Wednesday

Thursday

Friday

Holiday!

6

Sausage/ Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

7

Whole Grain Pancakes
Sausage Links/Syrup
100% Fruit Juice
Fresh Fruit
Variety of Milk

1

8

Whole Grain Pancakes
Sausage Links/Syrup
100% Fruit Juice
Fresh Fruit
Variety of Milk

2

Kolache
100% Fruit Juice
Fresh Fruit
Variety of Milk

9

Kolache
100% Fruit Juice
Fresh Fruit
Variety of Milk

3

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

10

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

13

Whole Grain Cereal
Cheese Stick
100% Fruit Juice
Fresh Fruit
Variety of Milk

14

Sausage/ Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

15

Whole Grain Pancakes
Sausage Links/Syrup
100% Fruit Juice
Fresh Fruit
Variety of Milk

16

Kolache
100% Fruit Juice
Fresh Fruit
Variety of Milk

17

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

20

Whole Grain Cereal
Cheese Stick
100% Fruit Juice
Fresh Fruit
Variety of Milk

21

Sausage/ Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

22

Whole Grain Pancakes
Sausage Links/Syrup
100% Fruit Juice
Fresh Fruit
Variety of Milk

23

Kolache
100% Fruit Juice
Fresh Fruit
Variety of Milk

24

Breakfast Pizza
100% Fruit Juice
Fresh Fruit
Variety of Milk

27

Whole Grain Cereal
Cheese Stick
100% Fruit Juice
Fresh Fruit
Variety of Milk

28

Sausage/ Biscuit
100% Fruit Juice
Fresh Fruit
Variety of Milk

29

Whole Grain Pancakes
Sausage Links/Syrup
100% Fruit Juice
Fresh Fruit
Variety of Milk

30

Kolache
100% Fruit Juice
Fresh Fruit
Variety of Milk

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